



## Frequently Asked Questions from Biological Parents



**I don't know anyone else who has experienced a failed, stopped, or reversed abortion, am I the only one?**

No! You are not alone! Abortions fail, are stopped, and reversed far more often than we hear. We get this question all the time as moms learn that they are still pregnant and reach out to us for help.



**I'm still pregnant and don't know what to do. How can you help me?**

As we've said, you are not and don't ever have to be alone in this. We'd love to connect with you and support you however we can. If you need medical care, we can help find a trusted provider in your area. If you're considering adoption, we can connect you with agencies near you who can also process this option with you. If you choose to parent your survivor, we have resources and support for you! Our social workers can also assist you with community resources in your area based on your needs.



**I'm feeling shocked and scared, is that normal?**

Absolutely. While everyone reacts and responds differently to stressors, almost all of the moms we know have reported feeling shocked, scared, anxious, depressed, stressed, guilt, shame, and regret. If we get to support you, our hope is that you can experience relief, supported, seen and heard, community, confidence, healing, and hope.



### **What kind of support do you offer?**

Our social work team meets one-on-one with moms via email, telephone, or Zoom as needed, and we facilitate a group just for moms who are parenting their survivor that meets quarterly via Zoom. We have many additional resources and information that we can send your way!



### **How much does all of this cost?**

Nothing! All of our services are 100% free to you!



### **I have no idea how to tell my child about what happened, should I even tell them?**

It's been our experience as we've listened to stories of abortion survivors that honesty and openness have the best outcome for a mom and her survivor. We know that keeping a secret locked away can be harmful to the one keeping the secret and others that it impacts. But don't worry, we are here to help you work through your own feelings surrounding the failed, stopped, or reversed abortion, and we can help you share your child's story with them when you are both ready.



T H E  
Abortion Survivors  
N E T W O R K

[abortionsurvivors.org](https://abortionsurvivors.org)